

Schweizer Leichtathletik Meisterschaften

Samstag/Sonntag 29./30. Juli 2023

Stadio Comunale, Bellinzona

Zeitplan

Samstag, 29. Juli 2023		
Track	Zeit	Field
	15:10	Stab W
	15:15	Hammer W
1500m VL M	15:20	
1500m VL W	15:45	
	16:00	Drei M
400m VL M	16:15	
400m VL W	16:30	
100m VL M	17:05	
	17:15	Diskus M
100m VL W	17:45	
	18:15	Stab M
800m VL M	18:20	Drei W
800m VL W	18:40	
100m HF M	19:05	
100m HF W	19:20	
	19:25	Diskus W
	19:30	Kugel M
400mH VL M	19:40	
400mH VL W	20:00	
5000m F M	20:25	
100m F M	20:50	
100m F W	21:00	
5000m F W	21:10	

Sonntag, 30. Juli 2023		
Track	Zeit	Field
	10:45	Hammer M
200m VL M	11:00	
	11:10	Hoch W
200m VL W	11:40	
	11:45	Weit M
100mH VL W	12:10	
	12:40	Speer W
400m F M	12:45	
400m F AB W	12:55	
1500m F M	13:10	
1500m F W	13:25	
	13:40	Hoch M
110mH HF M	13:45	
	14:00	Weit W
100mH HF W	14:05	Kugel W
200m F AB M	14:30	Speer M
200m F W	14:40	
400mH F M	14:50	
400mH F W	15:00	
800m F M	15:10	
800m F W	15:20	
110mH F M	15:35	
100mH F W	15:45	